



## 3<sup>RD</sup> WORLD CONGRESS ON EXCELLENCE

19th to 23rd OCTOBER, 2015

Panjab University, Chandigarh, INDIA

Ref. No. ....

Dated .....

The world of Sport Psychology opened up with the advent of INTERNATIONAL SOCIETY OF SPORT PSYCHOLOGY on 20<sup>TH</sup> April, 1965 in Rome. It was an act of courage, determination and vision. That day must have meant many things to many people, but to the wonderful band of Psychologists and lovers of sport led by Ferruccio Antonelli, it was a path of trials, tests and challenges. It heralded a new era, a movement and revolution. Some of the greatest sport psychologists joined to make it a multidimensional organization involved in education, research and application through conferences, journal and manuals.

Psychology made its presence felt in sport sciences and mind became the real frontier! By involving persons from America, Europe, Asia, Africa and Australia it became truly international. Professors Vanek and Singer along with their teams enriched the organization. In the Twenty first century Serpa and Gangyan Si have embarked on a path of unification and globalization!

As the founder President of Sports Psychology Association of India; a Vice President of ASPASP and a member of Governing Council of ISSP and as a President of International Society of Mental Training for Excellence. I got immersed in learning the skill and strategies of knowing the best Psychologists, great trainers and world champions.

At this historic juncture Sport psychology can look back with pride and focus on the future with confidence and optimism!

Three cheers for ISSP!

Jitendra Mohan

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